



**AL DIYAFAH HIGH SCHOOL**  
*IGCSE / A Level, affiliated to University of Cambridge*



Dear Parents,

17<sup>th</sup> October 09

### **Health**

Considering the widespread infections during this change of season, we request you to observe the following precautionary measures for your children.

1. Supplements of Vitamin C and a balanced diet containing fresh fruit and vegetables will help their immunity.
2. Encourage high levels of hygiene, use of hand sanitizers, regular washing of hands.
3. Ensure children get the right amount of sleep and exercise during the day, as per their age.
4. **Please do not send your child to school if he/she has a fever or flu like symptoms.**

### **Examinations**

We want to reassure you that if a child misses an assessment / test because of illness during this time, it will not affect the grade- we will either take the test again or will average the marks.

You are requested to send a note to the class teacher if a child is absent for a day, or a medical certificate if the period of absence is longer.

We would also like to inform you that from this December examination, students will be given grades ranging from A\* to F, on their reports. (An A\* grade being the highest and an F grade will indicate the child has failed to reach the required level in that particular subject). No marks will be included in the report. This is in keeping with the IGCSE system our school follows.

We are presently in the middle of our First Term and time seems to fly! I have been in communication with many of you through emails and your visits to the school. May I request you to fix an appointment if you wish to meet with me or any Head of Department, to avoid having to wait, we may be in a class or busy with a school event.

Regards  
Joyce Rufus